

'It's important we work together to reverse the causes which are creating such distress on today's doctors'

*Dr Clare Gerada. Medical Director,
NHS Practitioner Health Programme*



Practitioner Health Programme

Restoring Health in the NHS

A force field for change

9.30am – 12.30pm - Friday 24th June 2016

Royal College of Psychiatrists, 21 Prescott Street, London, E1 8BB

The NHS Practitioner Health Programme has more than 8 years of experience, seeing and treating over 2000 clinicians suffering with a range of health issues. In recent times we have seen a significant increase in younger doctors seeking help; most commonly presenting at 29 years old. This is a very worrying trend.

On 24th June we will be hosting an event to explore with junior doctors what needs to be done to restore the NHS as a healthy place to work, for body and mind.

This will be an opportunity to consider the barriers and facilitators to a healthy NHS workforce, as well as a chance to consider techniques to ensure and restore your own wellbeing.

Outputs from the day will be shared with key decision makers.

We hope you will join us and be part of the conversation.

100 places only – please register as soon as possible to ensure you have a place.

To book a place at this free event please complete the booking registration form using the link below.

<http://fluidsurveys.com/s/restoring-health-in-nhs/>



Supporting the health of health professionals