



‘Whilst an in-patient suffering an episode of depression I was visited on the ward by my new CPN and the CMHT manager.

They told me that, as I had previously worked in psychiatry, I should know better than to allow myself to become unwell, and that I should know the tightness of resources in the NHS, so should not be wasting peoples' time or taking up a valuable bed space.’





The Bipolar Doc @doc_bipolar · 4h

Replying to @DocSupportNet @vetmindmatters

This campaign gave me hope when I thought there was none. Thank you



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